



SHARING & CARING May/June 2007

“Don’t Worry, Be . . .”

Some of you may remember the song “Don’t Worry Be Happy” by Bobby McFerrin released in 1988, which topped the charts because the lyrics hit at the core of life. Simply said, “Don’t worry, be happy”.

We as single working mothers must begin to embrace our happiness and not worry about things we cannot control. Did you know that worrying is an actual withdrawal from the bank of your soul? On a daily basis, you must continue to make positive deposits of happiness into your bank account.

Every day is Mother’s Day for us and each day can be a special one full of love and recognition for the many strides that we make through our journey of motherhood. This year, do something special for yourself on Mother’s Day weekend. Treat yourself to a pedicure or manicure, enjoy lunch at a new restaurant, or learn how to do something new - join in on a knitting club and learn how to knit! If none of this sounds appealing, get out and enjoy a movie at the drive-in and bring your own popcorn!

The SMOC membership drive will begin Mother’s Day and end on June 30th. I hope you find what we offer through SMOC to be valuable as you journey down this path of single motherhood. If so, I hope you will consider joining or renewing your membership. Our June workshop, “*Legally Savvy*” will again be an empowering workshop of knowledge that you do not want to miss.

SMOC continues to stay the course by sharing our experiences with the Denver metro area community. We ask that you all share our organization with others, participate in the workshops and engage in the conversations happening around single motherhood.

“Master three things in life and make sure at least two of them will allow you to go into business for yourself.” Me!

Many Blessings,

Stephanie

SMOC Director